

Faith Alive!

Follow-up Session

Section 8: Follow-up Session

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AGENDA

7:00 Gathering

7:15 Ritual Opening

7:25 Dyad Sharing outcome of individual retreat commitments

7:35 Walkabout Review of Retreat

8:05 ***Being a Catholic Christian 24/7: Possibilities and Practicalities***
(teaching/witness talk and demonstration)

- Model small group dialogue for support and accountability
- Offer guidelines and starter reflection questions for conversations about living faith in daily life and work
- Provide opportunity for small groups to form, plan, commit
- *For people already in groups: a time to re-commit and reflect how to further develop in existing groups*
- Consider this possible option: periodic coming together of all who have made *Faith Alive!* retreats with a speaker/presentation, discussion, and fellowship.

8:35 Opportunity to express interest in being on a future *Faith Alive!* retreat team.

8:40 Evaluation of program (written)

8:45 Ritual Closing/Sending Forth to the mission fields of daily life

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ON THE WALK TO EMMAUS

Reminded of			
	Name	Name	Name
New Insight			
	Name	Name	Name
Application to my life			
	Name	Name	Name

By Louis Trenta based on Robert Garmston and Bruce Wellman, *The Adaptive School: Developing and Facilitating Collaborative Groups*.

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Walk to Emmaus Review Process

1. Facilitator distributes the “On the Walk to Emmaus” form. Facilitator calls the attention of the group to the four columns and three rows. The first column has no lines around it and provides the title for the row. The next three columns are framed to limit the amount that goes into them.
2. Facilitator explains that the participants will place their own thoughts in the first column immediately under the title for the row and explains the meaning of each row.
 - “Reminded of” seeks ONE idea about our faith life as Catholic Christians that we were reminded of in the course of this retreat experience. We may have forgotten it and it was brought back to our conscious thought. Also, we might not have forgotten it, but it was made more vivid in our thoughts during this retreat.
 - “New Insight” seeks ONE NEW idea about our faith life as Catholic Christians that we learned during the retreat experience. This would be something that now has significance or importance to us.
 - “Application to My Life” seeks ONE idea, activity, attitude, or habit of mind or body that we plan to put into our lives on a daily or weekly basis as a result of this retreat experience.
3. Facilitator explains that after the group writes their individual thoughts in the first, unframed column, they will walk about the room and trade ideas. They must find 9 different people with whom to trade ideas—one type of ideas for the same type of idea. That is, “Reminded of” for “Reminded of,” “New Insight” for “New Insight,” and “Application to My Life” for “Application to My Life.”
4. Facilitator tells the group they will have four minutes to write their own thoughts, one for each row. Start the time. Note when two minutes are remaining and again when one minute is remaining. Call time after about four to four and half minutes.

5. Facilitator tells the group they will have nine minutes to find and trade information with nine other people. Their thoughts go in the framed boxes. People trade their idea for the other persons' idea, one type of idea for the same type of idea (row for row). People write the other person's ideas into the framed space and put that person's name in the box beneath the frame.
6. Facilitator starts the clock for the exchange of ideas. Warn people when five minutes remain, three minutes, two minutes, and one minute. Allow an extra minute if necessary for the group to get finished.
7. Facilitator has participants return to their seats, reflect on what they have acquired, and discuss patterns or strands discovered. The discussion may be just at the tables, with the entire retreat group, or briefly at the tables and then share an idea or two with the entire retreat group.

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Potential Reflection Questions for Support Groups

Looking back over the past week (or since we last met):

1. What challenges have I/you had over this time?
2. How did I/you meet challenges?
3. How did this make me/you feel?
4. What alternatives might have been better choices for meeting those challenges?
5. What should I/you rejoice in? Give thanks for?
6. What challenges do I/you see in the next week?
7. What choices are available to me/you toward successfully meeting those challenges?
8. Which choice would best reflect Christ's love for me/you and for His world?
9. Which choice would give me/you the most reason to rejoice? To give thanks?
10. How would I feel if I/you choose and follow the path most in line with Christ's love for me/you and His world?

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Evaluation

1. What personally struck you in what you heard and in what you experienced during this weekend renewal?
2. What did you like about the weekend renewal?
3. In what ways could this weekend renewal be improved?
4. Please rate the following renewal components?

Component	Poor	Fair	Average	Good	Great
Facilities					
Food					
Handout Materials					
Teachings					
Witnesses					
Ritual					
Personal Interaction					
Music					

5. Additional comments:

6. Would you be willing to work on a future *Faith Alive!* weekend?

Name _____ Phone _____

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Prophets of a Future Not Our Own (Adapted)

By Archbishop Oscar Romero

1. It helps, now and then, to step back and take the long view.
The Kingdom of God, of Truth and Love, Is *NOT* only beyond our efforts; it is beyond our vision.
We accomplish in our lifetime only a tiny fraction of the magnificent enterprise that is God's work.
2. Nothing we do is complete, which is another way of saying that the Kingdom always lies beyond us.
 - No speech says all that should be said.
 - No prayer fully expresses our faith.
 - No spiritual discipline brings perfection.
 - No care for another brings wholeness.
 - No program or project accomplishes our mission.
 - No set of goals and objectives includes everything.

ALL

THIS IS WHAT WE ARE ABOUT,
WE PLANT SEEDS THAT ONE DAY WILL GROW.
WE WATER SEEDS ALREADY PLANTED KNOWING THAT
THEY HOLD FUTURE PROMISE.
WE LAY FOUNDATIONS THAT WILL NEED FURTHER
DEVELOPMENT.
WE PROVIDE YEAST THAT PRODUCES EFFECTS FAR
BEYOND OUR CAPABILITIES.

3. We cannot do everything, and there is a sense of liberation in realizing that. This enables us to do *SOMETHING*, and do it very, very well.
4. It may be incomplete, but it is a beginning, a step along the way, an opportunity for God's grace to enter and do the rest.

ALL

WE MAY NEVER SEE THE END RESULTS, BUT THAT
IS THE DIFFERENCE BETWEEN THE MASTER
BUILDER AND THE WORKER.

WE ARE WORKERS, NOT MASTER BUILDERS...
MINISTERS NOT MESSIAHS.

WE ARE PROPHETS OF A FUTURE THAT IS NOT OUR
OWN.

AMEN.